

### **Action plan example for week 3**

*Remember that this is only an example, please arrange the Action Plan so that it fits into your life. And you can use the video example, this example or make your own plan that fits you the best*

Same as last week or if you feel you are ready to add new chops into your playing you can stop the metronome game with chops you start becoming comfortable with and add new chops to the Accelerated Learning system

#### *First thing in the morning*

15 minutes Accelerated learning system with "Expanding sweep picking arpeggios " or one of the Etudes

#### *Mid day*

10 minutes improvising with one of the Legato licks like Easy Harmonic Minor, Pentatonic lick or Japanese minor lick

30minutes Metronome game

#### *Evening*

10 minutes improvising with selected licks

10 minutes The arpeggio system from one spot

FINALLY you must at least analyze one song a day and find its key and then try to improvise over it to hear how the scale and key fits the song. This can be done mid day or evening or what ever fits you the best of course(start with easy songs like children songs or pop/rock songs that are made up of just few chords)