

## **Action plan example for week 6**

*Remember that this is only an example, please arrange the Action Plan so that it fits into your life. And you can use the video example, this example or make your own plan that fits you the best*

### *First thing in the morning*

5 minutes of accelerated learning system with one of the Economy picking licks. And 5 minutes with a sweep picking etude or sweep picking lick and finally also 5 minutes with just 1 of the tapping patterns. It can either be one from the "scale Tapping system or the Pentatonic tapping" or if you are really juiced with the tapping technique go on to the little more extreme Blues tapping lesson

### *Mid day*

20 minutes improvising with sweep picking licks, legato licks and tapping. 5 to 10 minutes of re practicing the tapping lick you also practiced this morning

### *Evening*

30 to 45 minutes with an alternate picking drill or just a scale pattern using the metronome game

FINALLY you must at least analyze one song a day and find its key and then try to improvise over it to hear how the scale and key fits the song. This can be done mid day or evening or what ever fits you the best of course(start with easy songs like children songs or pop/rock songs that are made up of just few chords)